



November 18, 2025

Dear Friends & Family of Autumn Trails Stable,

This year has been one of the hardest we've ever faced at Autumn Trails Stable. More families are reaching out for help, and costs for caring for our horses have gone up in almost every area. We do not have a financial cushion, and we have reached a point where we truly need our community's support to keep our programs going.

At Autumn Trails Stable, children who have experienced trauma find a safe place to learn, grow, and feel understood. Our horses help them calm their bodies, build trust, express their feelings, and gain confidence they can carry into school, home, and life.

We also serve children and adults with special needs through our adaptive riding program. Riders with autism, Down Syndrome, sensory processing challenges, and physical disabilities come here to build balance, strength, communication skills, independence, and joy. Many of them struggle in traditional settings but thrive in the quiet partnership between horse and rider. These sessions are more than recreation. They are life changing.

I want to share a recent story from one of our participant's parents:



She shared that her daughter Albin had faced an extremely hard day filled with bullying, anxiety, and discouragement at school and wrestling practice. She arrived at the barn, overwhelmed and resistant to even participating in her session. Yet during her time with Ike and her mentor, something shifted. The photos from that session showed Ike gently leaning into her as if to give her a hug, and the girl who walked out of the barn was calm, regulated, and talking again. By the next morning, she was even ready to return to wrestling practice.

Her mom told us that this is clear proof that the program is truly helping and said, *"You are changing lives."*

Stories like Albin's happen every week here, but right now, these programs are at risk.

Feed, veterinary care, farrier services, insurance, staffing, and program materials have increased nearly across the board. Grants and donations have not kept pace. Since Covid, our volunteer base has also decreased.

We have cut costs everywhere we can without compromising safety or the quality of care our participants deserve. There is nothing left to trim. What we need now is help.

Your gift today ensures that:

- Horses receive the care they need so they can continue to serve
- Individuals with special needs gain stability, strength, confidence, and independence
- Children in foster and adoptive care have a safe place to heal
- Youth facing trauma have mentors, structure, and stability
- Families get the support they cannot find anywhere else
- Our team can focus on providing care instead of fighting to stay afloat

A gift of **\$25** supports basic lesson supplies needed for a session of Adaptive Riding.

A gift of **\$50** provides routine veterinary care for one a horse for a month.

A gift of **\$100** keeps one horse in our program for a week.

A gift of **\$250** sponsors a month of mentorship for a child.

A gift of **\$500 or more** helps stabilize the program for the months ahead.

Your generosity today directly affects how many children and adults we can serve next year. We cannot continue this important work without you.

Please consider making a year-end donation. Your support truly keeps this barn going and makes a real difference in the lives of the people and horses here.

Thank you for believing in this work. Thank you for showing up when it matters most.

We wish you a joyful holiday season and a hopeful New Year.

With gratitude and hope,



Angela M. Stan

Executive Director

P.S. To give a gift today, you can donate online at [www.autumntrailsstable.org/donate](http://www.autumntrailsstable.org/donate), use Venmo or PayPal, or send a check made out to ATS in the included remittance envelope. You can also join The ATS H.E.R.D. as a monthly giver!